WHAT IS CLAIMED IS:

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- 1. A sheet element with customizing elements for building-yard use and for delimiting spaces, comprising: a sheet body made of plastics that is longitudinally elongated and a tape provided with graphic markings, characters, designs and/or reflective elements that is monolithically associated with said sheet-shaped body.
- 2. The sheet element of claim 1, wherein said sheet-shaped body is mono-oriented.
- 3. The sheet element of claim 1, wherein said sheet-shaped body is biaxially oriented.
 - 4. The sheet element of claim 1, wherein said sheet-shaped body comprises a plurality of through openings and at least one continuous band that runs longitudinally on said sheet-shaped body.
- 5. The sheet element of claim 4, wherein said tape is arranged at said continuous band.
 - 6. The sheet element of claim 5, wherein said tape is connected to said sheet-shaped body by thermal bonding.
 - 7. The sheet element of claim 5, wherein said tape is connected to said sheet-shaped body by adhesive bonding.
- 8. The sheet element of claim 5, wherein said tape is embedded in said sheet-shaped body.
 - 9. A method for manufacturing a sheet element with customizing elements, as set forth in claim 4, comprising the steps of: extruding through an extrusion head a tubular element made of plastics; providing said tubular element with through holes therein; applying by pressure on said tubular element, directly downstream of the extrusion head, a tape provided with graphical markings, characters, designs, and/or reflective elements; cooling said tubular element; and obtaining, by longitudinal cutting, a longitudinally elongated sheet-shaped body.
 - 10. The method of claim 9, comprising making said tape and said sheet-

shaped body of chemically compatible plastic materials.

11. The method of claim 9, wherein said tape and said sheet-shaped body are made of a same plastic material.